



**Alumni Association
Indian Institute of Technology Kanpur**

***Resolution on
Observing Annual World Suicide Prevention Day
on September 10 at IIT Kanpur***

Where as...

- Suicide is a deeply personal and individual act and there are multiple factors that influence suicidal behavior. However, with commitment, collaboration and communication, incidents of suicides can be reduced if not completely eliminated. We need to do all we can to help students learn how to manage stress by developing appropriate responses to situations causing anxiety and decide to choose life in spite of short-term failures.
- No IIT has been spared of student suicides. However, IIT Kanpur leads in the number of suicides on campus among all IITs. In the last 9 years, counting from 2004, there have been 11 suicides at IITK.
- Suicide is usually preceded by months/weeks of death wishes, suicidal ideas, feelings, behaviors, plans and subtle warnings. Thus it is preventable if these pre-act symptoms are identified in time.
- We may never be able to reach the goal of "zero suicide," but it is worth trying to save each and every promising young life that enters the gate of IITK from this preventable tragedy.

So it be resolved that Alumni Association IIT Kanpur:

1. Strongly urges IIT Kanpur to observe **World Suicide Prevention Day** on annual basis on September 10 and encourage Dean of Students Affairs and Counseling Service to organize meaningful, participatory activities to increase awareness that suicide -- a permanent solution to a temporary problem -- is preventable and help is available on campus for those who may be at risk.
2. Is committed to provide financial support to observe **World Suicide Prevention Day** at IITK over and above provided by the institute.

Passed this 25th day of July 2013

By the Alumni Association IIT Kanpur Board of Directors

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